

**Table 1.** Seven Dimensions of Access to Sexual and Reproductive Health Care: Definitions and Examples

	Dimension	Definition	Example	
			Facilitator	Barrier
<b>Discovering</b>	Approachability	Extent to which health care providers make young people aware of their existence	A clinic does targeted outreach to youth experiencing homelessness through a street outreach program using peer educators.	No mention of youth-specific services on the provider’s website or written materials.
<b>Seeking</b>	Accommodation	Extent to which health care providers consider young people’s needs and preferences, as well as the constraints that limit their options	A clinic is open until 7:00 pm on weeknights and from 9:00 am to 4:00 pm on Saturdays for youth.	The clinic is by appointment only with limited hours.
	Availability	Extent to which providers offer the health care services youth need	A school-based health center provides sexual and reproductive health care services to students.	A school-based health center only provides condoms in the waiting area.
	Affordability	Extent to which the cost of health care services is aligned with the youth’s ability to pay	A clinic offers a sliding scale fee for young people who are uninsured.	Youth must pay a co-pay before a service is provided.
	Accessibility	Extent to which the location of services is reachable	A clinic is centrally located with easy access to public transit.	A clinic is in a remote location only accessible by car.
<b>Receiving</b>	Acceptability	Extent to which health care providers recognize, consider, and honor cultural, social, and individual factors that influence care	A health care provider uses motivational interviewing to assess a youth’s sexual health needs.	A health care provider develops a care plan without consulting the young person who has many challenges, such as being undocumented.
	Adequacy	Extent to which health care services are appropriate, timely, integrated, and continuous	A clinic offers youth care coordinators to follow-up on the visit and connect to other resources.	A young person is given a list of services with no referral or follow-up call.

**Source:** Offiong, A., Tallant, J., Rust, K., Wulah, A., Huang, L.A., & Dworsky, A. (2024). *Seven dimensions of access to sexual and reproductive health care for youth*. *Child Trends*. <https://activatecenter.org/resource/seven-dimensions-of-access-to-sexual-and-reproductive-health-care-for-youth>.